



"Nurturing the Nurturers"

# Verona Family Child Care Association

Presents

## Mid-Winter Child Care MiniConference

Saturday, January 25, 2020

8:15 am to 4:00 pm

St. Andrews Catholic Church Parish Center

301 North Main Street, Verona, Wisconsin

### Featuring

- \* Infant & Child CPR Certification with AED, Exploring Picky Eating, Sing-Along With Merl & Tour of Big Apple Early Learning Academy
- \* Up to 7 hours of early childhood continuing education
- \* Continental Breakfast & Delicious Lunch
- \* Shopping at Discovery Toys & more
- \* Exciting Silent Auction
- \* Several schedule/fee options to choose from!
- \* Parents & community members are welcome to attend!

### How to Register:

Complete the Registration Form below, check the trainings you wish to attend, and mail with your check. CPR/AED-only & Full Conference participants must preregister. Registration is accepted on a first-come, first-serve basis. Register early, space is limited!

PAY AT THE DOOR REGISTRATION will be accepted for Exploring Picky Eating, Sing-Along with M&M and Tour of Big Apple ELA. Please send an email with your training(s) request & contact information to: [veronafcca@gmail.com](mailto:veronafcca@gmail.com)

Mail Registration Forms & checks to:

VFCCA

c/o Sue Rowe

609 Wood Lawn Way

Verona, WI 53593

Conference Registrations will be confirmed by email.

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### Mid-Winter Child Care MiniConference Registration Form

Fill in the amount for each training you would like to attend:

\$ _____ Full Conference w/ lunch	\$110
\$ _____ CPR -only	\$70
\$ _____ Sing-Along with M&M w/ Lunch	\$15
\$ _____ Picky Eaters	\$20
\$ _____ Tour of Big Apple Early Learning Academy	\$15
\$ _____ TOTAL AMOUNT	

Name \_\_\_\_\_ Email Address \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ 2<sup>nd</sup> Phone \_\_\_\_\_

## **Conference Schedule & Training Descriptions**

- 8:15 - 8:45am - **Registration**  
**Continental Breakfast**  
**Shopping & Silent Auction**
- 8:45 - 12:00n - **Heartsaver Infant & Child CPR with AED AM Session**  
*Pulse Check Plus, American Heart Association*  
Meets State Licensing requirement for Early Childhood Professionals  
Skills testing required. 2-year certification card is issued upon successful completion.
- 12n - 12:45pm - **Lunch Training - Sing-Along with Merl & MaryAnne Halverson**  
Our favorite songsters, Merl & MaryAnne Halverson, return this year for a musical presentation while we're munching our way through lunch. This year they will present "The Benefits of Music in Child Development." There is no downside to bringing children and music together! It is an essential and important part of a child's life! Through group discussion and song, we will reflect on the many different ways that children benefit from music. This dynamic & musically talented duo are the owners of M&M's Learn & Play Center in Verona.
- Shopping & Silent Auction**
- 12:45 - 2:45pm - **Exploring Picky Eating From a Developmental-Sensorimotor-Relational Perspective**  
*Cassie Wilcox, MS, OTR L of Children's Therapy Network*  
Picky eating is a common challenge that plagues many households and dinner tables. Mealtime is a source of stress for children, parents and caregivers across the country. Concerns around nutrition, weight and growth have created pressure to get the child to eat a balanced diet. Parents and caregivers work tirelessly to come up with creative strategies to entice children to eat nutritious foods and seek answers from health professionals and even social media for tips and answers. This often creates further frustration because the recommended incentives, food games and smiley-faced playfully shaped foods often do not elicit changes in eating and diet. In this presentation, we will explore eating as a developmental process that is impacted by the way our muscles, sensory systems and personal relationships interplay around food. We will discuss the difference between typical childhood feeding patterns and true problem feeding that impacts health and function. Finally, we will cover practical strategies that can be implemented at any mealtime to empower children to make healthy choices and reduce adult stress to help restore everyone's relationship with food.
- 2:45 - 3:00pm **Visit our Vending Tables one last time!**  
**Last Bids for Silent Auction!**
- 3:00 - 4:00pm **Tour of Big Apple Early Learning Academy, Verona**  
*Kassie Gorski, Owner*  
Big Apple is a privately owned and operated childcare center for children ages 6 weeks to 12 years. We are located in Verona just off East Verona Avenue. We strive to create a "home away from home" learning environment for all children and their families. "Children First" is Big Apple Early Learning Academy's mission to provide a developmentally appropriate care and superior educational program. As the owner, it has been my dream to be able to own and operate my own children's center. I was able to make this dream come true on November 5, 2018 when I opened the doors to Big Apple Early Learning Academy. With my extensive background and experience from being a classroom teacher with several age groups and moving into management roles, I was able to attain the knowledge necessary to make my dream come true. I've greatly enjoyed bringing affordable quality childcare to Verona and its surrounding areas and look forward to showing you my program during VFCCA's MidWinter Child Care MiniConference!